

TV surgery means short hospital stay

By PAUL COWLEY Herald-Tribune staff

For Gayle Ewin, the Queen Elizabeth H's new gall bladder surgery seems like a miracle cure.

Only 24 hours after she became the first QEII Hospital patient to undergo a new gall bladder procedure, she could eat anything she wanted and two years of restricting her diet and frequent pain became a bad

Ewin was scheduled to undergo traditional gall bladder surgery on Sept. 30. But only four days before she was due for surgery, she read a Daily Herald-Tribune article on the new procedure. The 50-yearold homemaker immediately called her doctor, Dr. Victor Martens, to ask if he would use the new technique on her.

The surgery was rescheduled and she became the first to be treated with the new procedure a week ago Saturday. The results have been "unbelievable", she said.

"I'm just amazed," Ewin said. "It's almost like not going in for surgery. "For breakfast Sunday morning I had things I haven't been able to eat for months.'

She even felt she'd be able to get back to her favorite winter sport of ice fishing this week.

Ewin's experience will become typical as the new procedure is used regularly at the hospital, said Dr. Martens. Different types of equipment are being evaluated right now and regular surgeries using the procedure will begin in February

Using the new system, patients can have their gall bladders removed during a one- to three-day hospital stay instead of the average 9.5-day stay required under conventional

The procedure, known as laparoscopic cholecystectomy, involves inserting a tiny TV camera mounted on a probe into the patient's abdomen through a small incision. The surgeon then removes the gall bladder through another incision while following the progress of the operation on a TV monitor. Two the hospital each year.



GAYLE EWIN . . . results 'unbelievable

additional incisions must be made so retraction instruments can be inserted into the abdo-

Until recently, surgeons had to make a much larger eight to 25 centimetre incision to remove the gall bladder. The gall bladder is a small, pear-shaped sac attached to the liver which stores

The new method is much less painful and patients can generally return to work in a week. Patients often needed to recuperate at home for six weeks following conventional surgery.

Ewin was not expecting to be the first patient to undergo the new procedure. Originally, she was told she was eighth on the waiting list.

"I thought fine, he's got seven people to practise on before me.

"I didn't now until the night before the surgery I was the first

But the prospect of being the first didn't worry her.

"I wasn't really nervous, I had confidence in Dr. Martens.

"I think I would have been more nervous if I was going into conventional surgery.

The hospital hopes to use the new procedure for 80 to 90 per cent of gall bladder cases.

About 200 to 300 patients have their gall bladders removed at



Ewin - Scott

John & Gayle Ewin of Grande Prairie. Ab. are pleased to announce the engagement of their daughter Kristine to Mr. Ronald Scott, son of William and Beverly Scott of Beaverlodge. Ab. Marriage to take place on August 29th, 1992 at St. Paul's United Church, Grande Prairie.

Hot, nutritious meal demand rising for Meals on Wheels

ANN REPETOWSKI

Meals On Wheels is a "not for profit" organization that has been active in our community for over 25 years.

We provide hot meal delivery Monday through Friday during the lunch hour to our clients.

Our meal service is available to individuals who are elderly, disabled, convalescing or to those who may lack the strength or motivation to prepare adequate meals for themselves.

As the needs of seniors are changing in our community, it is important now, more than ever before that we provide essential services to help meet these needs as best as we can.

Last year the Grande Prairie Meals On Wheels program delivered 3,437 hot nutritious meals to individuals in our community. We presently are providing service to approximately 20 clients on a daily basis.



Since May 1998 our client numbers have gone up by over 75 per cent. With recent numbers we will deliver more than 3,800 meals by the end of 2000.

Volunteers are the cornerstone of our program as they deliver the meals. We have two routes for delivery, which means that in 2000 over 770 hours were volunteered to deliver the meals.

We are honoured to have the Alliance Church ladies, Canterra Real Estate Services members, Catholic Women's League, Century 21 members, Forbes Presbyterian Church ladies, Oilwives of Grande Prairie, and United Church Women groups and our individual volunteers who in-

Fran Auger, Judy Barber, George and Mary Beyer, Arvin and Dorothy Brehmer, Buster and Shirley Brown, Cristine Bryan, Roland Couture, Phyliss Davis, Gayle Ewin, Rebecca Fulcher, Allan and Laura Hauger, Kurt and Barbara Hofmeister, Mac and Lillian Hoggarth, Fred Horneland, Pat Larter, Elaine Mahafee, Olivia Marshall, Cliff and Joyce Mitchell, Ron Mulligan, Walter Person, Roy Peterson, Gerry and Carol Rigler, Margaret Rowe, Shar Shoff, Patsy Smith, Jim and Barb Stearns, Jo and Bill Tarsiuk, Ponnie Thiyagarajan, Liz Tinworth, Art and Theresa Walker, Theresa Uzelman, and Jean Wilson.

The Meals On Wheels program provides an essential service to our community. It is important that as a community we work together to make Grande Prairie a caring city to live in. For more information or to arrange to meet with the program coordinator please call our office at 539-3901.

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Honours & Awards Night Saturday, April 15, 2006 - 7pm

Lunch Provided - Dance to follow - Cottonwood

People on the attached list are eligible to receive their year pins

Life Members

60 YEARS

Morris Burroughs Bill Gorrie Lewis Johnston Don Matlock 50 YEARS

Roy Robertson Ted Smyth

Ordinary Members

60 YEARS L. Reber Bob Scott Tom Funnel

e

50 YEARS Fred Purdue

40 YEARS Harry Freisz Lee Johnson

35 YEARS Fred Daw Brian Primeau Bob Russell 30 YEARS Harold Anderson J. Goy G. Hagglund Allan Hauger Ron Hemingway

25 YEARS Forrest Anderson Hank Janzen Alf Johansen E.A. St. Onge Lesley Wright 20 YEARS
Edward Anderson
Kay Brennan
Wilton Carol
Art Davies
Phil Dupuis
Frank Gerzanich
Pat Gouchie
G.W. Henderson

G.W. Hendersor G. Huber James Morken Art Newham Allan Redwood Walter Salter 15 YEARS Gaston Camirand

Florence Morrison Phillip Gnote L.E. Olley

Gordon Beagle Gayle Ewin John Ewin

5 YEARS Elmer Borstad Ada Richards

Associate Members

30 YEARS
C. Harrison
Peter Hodgson
Audrey Horne
E. Lindon
L.J. Nellis
D.E. Sask
K.J. Sask
David Sutherland

25 YEARS C. Chalick A.L. Dempster Randal Howart 25 YEARS conrid Helen Kenny Keith Kent Ron L'Heureux G.S. Malcolm Gorden McLevin

20 YEARS Dianne Barrand Julie Barteski Ron Buck John Cooken L. Dubord Yvonne Fester 20 YEARS cont'd E.M. Thornson Cheryl Weaver

15 YEARS
W.C. Boyer
J.E. Brown
L. Brown
B.J. Campbell
Cam Cronk
Pamela Doole
Janis MacFee
Terri Anne Mitchell
Robert Ross

10 YEARS Eileen Allingham Patrick Duffy Brenda Gardiner

5 YEARS David Horne John Kock J.N.G. Mitchell Elaine Parke E.H. Podulsky Robert Watson Brian Wilson

Affiliate - Voting

5 YEARS Shirley Pentland Harvey Eklund Affiliate Non-Voting

Ron McLeod Mike Leggit

Raymond Smith Harry Vincent

EWIN, GAYLE 'Garn"



Gayle Ewin, longtime resident of Grande Prairie, AB, passed away at Points West Hospice in Grande Prairie on Tuesday, November 25, 2014 at the age of 73 years. Gayle was born in Bentley, AB on June 7, 1941. In the fall of 1959, she joined the Royal Canadian Air Force (RCAF) where she met

her future husband John Ewin. They married on July 8, 1961 and raised five children while living overseas (France) as well as in Canada. As Gayle's grandchildren started to arrive, she became known as Gran. However, in 1990, "Gran" turned into "Garn" when her granddaughter, Katie, would draw her grandmother pictures and misspell "Gran" when writing "To Garn, Love Katie". As a member of Forbes Presbyterian Church, Gayle acted as an elder, was on the Board of Managers and later on Assembly Council for two 3-year terms. She worked at the local food bank and started the mission "Project Fit" (Families in Transition), which is still in operation. Gayle was also very involved in Kairos (peace and justice group) working tirelessly on native issues. Gayle loved the outdoors and had a passion for fishing, camping and gardening. She enjoyed watching all types of sports and coached hockey when her sons were young. She was known for her insatiable appetite for books and jigsaw and crossword puzzles. Gayle had a loving and giving nature and her family and community were very important to her. Gayle leaves her loving memories to be cherished by her devoted husband of 53 years, John Ewin; her five children: Kim (Rick) Ewin-Goebel of London, ON; Kelly (Shawn) Pollard of Whitehorse, YT; Kris (Ron) Scott of Grande Prairie, AB; James (Alexa) Ewin of Calgary, AB and Eric (Christine) Ewin of Calgary, AB; numerous grandchildren, great-grandchildren and siblings: Clayton (Francy) Lofgren, Newton (Greta) Lofgren and Joanne (Dick) Bornholdt. Gavle is predeceased by her parents, Leonard and Ruby Lofgren; brothers Gary and Curtis Lofgren and nephew Mick Anderton. The family wishes to extend their gratitude for the exceptional care provided by Points West Hospice in Grande Prairie, the Grande Prairie Cancer Centre and Grande Prairie Home Care Nurses, particularly Marie. In lieu of flowers, memorial donations in honor of Gayle Ewin may be made to Forbes Presbyterian Church Building Fund (9635 76 Ave, Grande Prairie AB, T8V 5B3) or a charity of one's choice. Cremation has taken place. A service for the celebration of Gayle's life and the interment at Glen Leslie Cemetery will both be announced at a later date. Condolences may be sent by visiting www.oliversfuneralchapel.com

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