

# Elsie Ames – Reid

Mentions in [The Daily Herald-Tribune](#), Grande Prairie, Alberta, Canada



REMO ZACCAGNA Herald-Tribune staff

Three generations celebrate Elsie Ames-Reid's 100th birthday on Sunday – her great-great-granddaughter Mackenzie Miller, and granddaughter Jean Miller.

## Elsie Ames-Reid celebrates 100 years

REMO ZACCAGNA

Herald-Tribune staff

Mackenzie Miller sat on her great-great-grandmother's lap and let out a series of short, excited giggles.

It appeared that even she, at 3 1/2 months old, was aware of the magnitude of the event.

Elsie Ames-Reid was celebrating her 100th birthday at a party with two dozen guests at Pioneer Lodge on Sunday.

"Not too many little ones get to have a great-great-grandma that gets to actually hold them," said Jean Miller, Ames-Reid's granddaughter and, in turn, Mackenzie's grandmother.

"She's a little young, but I think down the road, it'll be pretty nice for her to look back."

Miller organized a birthday to celebrate her grandmother's centenary party at Pioneer Lodge, where Ames-Reid has lived for the last 12 years after moving from her home in Bezanson.

"She herself doesn't like all this stuff, and she just as soon not, but I said no, we had to do a little something for her," she

said.

"She just never liked to have a lot of attention on herself. She likes attention on someone else but not so much on herself."

An active person and still relatively healthy, Ames-Reid maintains an independent lifestyle with her husband, Wilford Reid, despite some medical setbacks in recent years.

"She is doing extremely well. A little hard of hearing, and she lost her sight two years ago, so that has really been a hindrance and has really slowed her down these last two years," Miller said.

"She was an avid sports fan, an avid reader, she loved to crocheted, and mix and mingle. And she said, 'when I lost my sight it was just no good. No fun.'"

So what does she think is her grandmother's secret to reaching the magic 100 mark?

"She's just a very positive, very spunky lady. She was always health conscious, ate well, and never smoked," Miller said.

"It's just really a thrill, it's quite a milestone to turn 100."

[rzaccagna@bowesnet.com](mailto:rzaccagna@bowesnet.com)

The Daily Herald-Tribune

Grande Prairie, Alberta, Canada • Mon, Mar 14, 2011 Page 4